



“GOOD DOG”



**3mile Trail run/walk for dogs and their humans,
to benefit the Grafton Land Trust**

When: Thursday evening, July 1, 2010, 6:00PM

Where: Grafton Lion’s Club 68 Brigham Hill Rd., Grafton, MA

***Pre-race Registration:** www.graftonland.org (Click on Calendar) before June 28th

***Race day Registration:** \$15.00 4:30-5:30 PM at the Lion’s Club

***NOTE:** *Grafton Land Trust members receive a \$5 discount on race registration. Please present your membership card at registration.*

Race Details: 3 mile run/ walk, through wooded preserves of Grafton- rolling hills (a couple steep ones) through pines, wooded areas, meadows and along the bank of Lake Ripple. Areas of rugged terrain, balanced by smoother paths. Start and finish at the Lion’s Club. Proceeds benefit the Grafton Land Trust.

***IMPORTANT:** All dogs are expected to be up to date on vaccinations per your vet’s recommendations. Be prepared to show proof of current rabies vaccine. Please, no female dogs in any stage of heat. All dogs must be leashed at all times. Please clean up after your dog. Aggressive and unruly dogs or people will be disqualified. Failure to follow these rules may result in disqualification. Race and course are subject to change due to weather or unforeseen circumstances. Runners without dogs are welcome, but not eligible for awards.*

Awards: Prizes to the overall first male and female runners and the first 3 M/F dogs/runners in each category:

Under 12, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

As well as Miscellaneous ‘fun’ categories

Questions: Call Karen Fleming-Brooks 774-248-0587 or email irideprom@yahoo.com

Release: Please read, complete, sign and send with **check payable to: Grafton Land Trust- To: Lori Muhr, 55 Countryside Rd., North Grafton, MA, 01536** (Sorry, no refunds) **Waiver:** My dog is up to date on vaccinations including rabies. I know that a trail race is a potentially hazardous activity. I will not run or walk unless I am medically able and trained. I agree to abide by any decision of the race directors relative to my ability to complete the race. I assume all risks in the race including, but not limited to, falls, contact with other participants (including dogs), weather heat/humidity, traffic and road conditions, and trail conditions, all such risks being known to me. Having read this application and knowing these facts in consideration for your accepting the entry, I, for myself and my dog, and anyone entitled to act on my behalf, waive and release the organization, the Town of Grafton, the Grafton Lion’s Club, the Grafton Land Trust, property owners, volunteers and any and all other individuals, entities, and organizations associated with the race from all claims, damages, rights of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or in incident to, my or my dog’s participation and in this event.

Dog Name: _____ **Breed:** _____ **Age:** _____ **Gender:** M / F.

Human Name: _____ **AGE:** _____ **Gender:** M/F

Address: _____ **City, State** _____

Email: _____ **Phone:** _____

Signature: _____

Parent's signature if under 18: _____

