

### **ACTIVITIES RELEASE FORM**

The undersigned fully understands and acknowledges that the participation by my dog and me in the GOOD DOG TRAIL RUN & WALK (the "Program") provided by GRAFTON LAND TRUST, INC., a Massachusetts not-for-profit corporation ("GLT"), involves strenuous outdoor activities, including without limitation running or walking with a dog through wooded trails and areas owned by GLT, the Grafton Lions Club, Inc. and/or the Town of Grafton. I further understand that execution of this Activities Release Form is a specific condition of my participating in such Program. The undersigned understands and acknowledges that:

- (a) outdoor recreational activities of this sort have inherent risks, dangers, and hazards;
- (b) my participation in such activities and/or use of the trails during same may result in injury or illness including, but not limited to bodily injury, disease, strains, fractures or other ailments that could cause serious disability or death;
- (c) these risks and dangers may be caused by the negligence of the members, employees, officers or agents of Grafton Land Trust, the negligence of other participants and/or their dogs, the negligence of vendors of Grafton Land Trust, the forces of nature or other causes; and
- (d) risks and dangers may arise from foreseeable or unforeseeable causes including without limitation terrain, weather and/or trail conditions and such other risks, hazards and dangers that are integral to outdoor recreational activities.

By my participation in the Program, I hereby assume all risks and dangers and all responsibility for any losses and/ or damages, whether caused in whole or in part by the negligence or other conduct of the members, agents, officers, or employees of GLT, other participants and/or their dogs, the Grafton Lions Club, the Town of Grafton, and vendors of GLT, the forces of nature or other causes or by any other person including myself. I also verify that my dog and I are: (i) in good health, (ii) not under the influence of any drugs or alcohol of any kind, nor do I have them in my possession, and (iii) capable of pursuing the activities inherent in participating in the Program.

I, on behalf of myself, my personal representatives and my heirs, hereby voluntarily agree to release, discharge, hold harmless, defend and indemnify the Town of Grafton, and both GLT and the Grafton Lions Club and their members, officers, volunteers and employees from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise out of the participation in the Program by my dog and me. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have at present time or in the future for the negligent acts or other conduct by the members, agents, officers or employees of GLT.

**I HAVE READ THE WAIVER AND RELEASE AND BY SIGNING IT AGREE IT IS MY INTENTION TO EXEMPT AND RELIEVE GRAFTON LAND TRUST FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.**

Date: \_\_\_\_\_, 2025

Participant Signature: \_\_\_\_\_

Print Student Name: \_\_\_\_\_

Participant Age: \_\_\_\_\_ years old

IF PARTICIPANT UNDER 18 YEARS OF AGE, PARENT MUST SIGN:

Parent Signature: \_\_\_\_\_